



# THE GRANDE

## AT STERLING ESTATES

Memory Care Center of Excellence

WEST COBB

### Recent Review from Family Member:

*"Two years ago I awoke one morning with one thought, 'Today is the day I find a new home for my parents.' I am so grateful I was led to Sterling Estates. You have blessed my life—and that of my parents—beyond words with your strength, compassion, and unwavering support. You are so beyond competent professionals. You have become a part of my heart. You have found such wonderful staff—you know who you are. May God richly bless you."*  
Lynn L.



## STERLING ESTATES

Senior Living Communities



PRESENTED BY COBB LIFE MAGAZINE

Voted "Best of Cobb"  
2019 - 2020



3165 Dallas Highway  
Marietta, Georgia  
770.255.7000  
[TheGrandeSterlingEstates.com](http://TheGrandeSterlingEstates.com)

An Innovative Philosophy  
for Memory Care  
I'm Still Here®



## ***Building on our Legacy***

Sterling Estates has long been the premier provider of retirement living in Marietta, GA, offering exceptional Independent Living and Assisted Living on our 28-acre campus. Our community is locally-owned and managed by a team that has addressed the residential and health care needs of seniors for over 30 years. When it became evident that some of our residents would benefit from exceptional Memory Care, we set our standards high and got to work.

We knew that a state of the art memory care community deserved the space and design that fosters the care and programming for this specialized resident population.



## ***Designed with Meaning: The Sterling Way***

- *Single-story, 34,000SF stand-alone building*
- *Secure interior therapeutic garden and courtyard*
- *Ever present natural light to promote health and well-being*
- *Purposeful decor for enhanced daily living*
- *Specifically placed “engagement centers” throughout, including along outdoor paths, and garden areas*
- *Engaging dining and “resident kitchen”*
- *36 resident suites*



## ***A Hearthstone-Certified Memory Care Center of Excellence***

Founded in 1992 by renowned memory care expert Dr. John Zeisel, Hearthstone has been a recognized leader in Alzheimer’s care for nearly twenty years. Its mission is to create residential environments where people living with Alzheimer’s and related disorders can flourish. With this partnership, The Grande at Sterling Estates offers Hearthstone’s I’m Still Here® programming.

*This new memory care residence is one of only 27 Hearthstone-certified Memory Care Centers of Excellence in the country.*



## ***Evidence-Based Programming***

I’m Still Here® ensures that the resident’s unique interests and skills are incorporated into his/her day, so that each experience is meaningful and fulfilling. I’m Still Here® ensures that people living with memory challenges are empowered and continue to be a meaningful part of their community. Independence and autonomy are actively encouraged. Residents are invited to take part in a wide variety of clubs, committees and classes, conducted throughout the day. I’m Still Here® programs are tailored to resident’s needs and abilities in the following three categories:

- The Discovery Experience
- The Vitality Experience
- The Serenity Experience

***Evidence-based training programs create opportunities for true engagement and increased quality of life for those living with memory challenges.***